

INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
EASTERN TRADITIONS

THE CENTER FOR
**INTEGRATIVE
MEDICINE**

5620 WILBUR AVE., SUITE 220
TARZANA, CALIFORNIA 91356
PHONE: 818.345.2828
FAX: 818.345.2848

MICHAEL HIRT, M.D., A.P.C.

DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE

DIPLOMATE AMERICAN BOARD OF NUTRITION

Foot Loose

'...more than a feeling'

WHAT IT IS:

- A medical food that resolves the nutritional impairments that cause peripheral neuropathy

WHY YOU NEED IT:

- Important for patients with symptoms of peripheral neuropathy including numbness, tingling, burning, and pain in the feet and fingers.
- Targets patient with elevated Homocysteine levels and MTHFR gene defects
- Great for patients with small vessel disease anywhere in the body

HOW IT HELPS:

FootLoose is a proprietary blend of high potency, bio-active B vitamins that has been shown in clinical trials to support the health of peripheral nerves.

Nerves are made of very delicate tissues that are stretched over comparatively vast distances in our bodies. For example, the sciatic nerve that runs from your lower back to your big toe is the longest single structure in your body. The supply chain of mission-critical nutrients has to be delivered through miles of tiny blood vessels all along the anatomical path of the sciatic nerve as it makes it's way to the end of your foot.

be well

Metabolic toxins, environmental toxins, and pharmaceutical toxins are a constant threat to this supply chain. These dangerous toxins can compromise the health of the nerves by directly damaging the nerves or interfering with the delivery of nutrients that are needed to support and repair your peripheral nerves.

The advanced formula of FootLoose has been shown to both reduce the toxic burden on the peripheral nerves while simultaneously increasing the delivery of blood flow to the nerves. By improving the function of the microvasculature and removing toxins, diseased peripheral nerves can start to recover, bringing back normal sensation and simultaneously reducing pain.

Additionally, FootLoose has been shown to combat oxidative stress, reduce homocysteine, and improve Nitric Oxide (NO) levels which collectively enhance the health of your vascular system from your head to your toes.

As the largest organ in the body and consisting of 60,000 miles of tubing, your arteries and veins get a little healthier with every dose of FootLoose.

It's time to turn your health loose...FootLoose.

Usual dosage: Take one (1) capsule of FootLoose twice daily, preferably with food.