

MICHAEL HIRT, M.D., A.P.C.

DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE  
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# Benecare

## Turmeric, as Nature intended

### WHAT IT IS:

- A full-spectrum extract of the turmeric root, providing maximal clinical efficacy.

### WHY YOU NEED IT:

- Targets patients with intestinal conditions: Irritable Bowel Syndrome (IBS), Dysbiosis, SIBO, Inflammatory Bowel Disease (including colitis and Crohn's), and bowel infections/inflammation
- Important for patients with inflammatory conditions like arthritis, acute and chronic pain, chronic infections, cancer, and allergic responses, including Mast Cell Activation Syndrome (MCAS), Asthma and chronic sinus allergies.
- Good for enhancing gut microbiome diversity, the birthright of every human
- Great for patients needing exceptionally potent antioxidant protection
- Supports patients requiring an enhanced and balanced immune system, such as those with arthritis, chronic skin rashes, and cancer
- Targets patients with cognitive concerns and impairments
- Important for patients who need to neutralize environmental toxins or toxic lifestyle choices
- Promotes the health foundations of longevity

### HOW IT HELPS:

The human health benefits of turmeric are legendary and stretch back in time for centuries. Much like garlic, whole root turmeric contains so many different and

beneficial nutrients that scientists cannot determine which one is best. This is because the nutrients of these powerhouse herbs work synergistically to support multiple aspects of human health. It is not just one molecule, but all of the root's compounds working together that have enshrined these beneficial herbs in the medical texts since antiquity.

Enter Benecare — a whole root extract of turmeric that is designed to provide all of the beneficial compounds, working together just as Nature intended. There are just too many health benefits of the complete turmeric matrix to list but they include: neutralizing environmental toxins, reducing inflammation, balancing the immune system, reducing histamine (allergy) reactions, supporting patients with cancer, calming the GI system, promoting a diverse gut microbiome, providing potent antioxidant protection, and promoting all physiological aspects of longevity.

It is not hyperbole to suggest that if you are struggling with any medical condition or are trying to prevent one, there is a nutrient in turmeric that is likely to provide substantial health benefits.

And as the only proven, bioavailable, and complete extract of turmeric, Benecare is the supplement to bring the clinical magic of this ancient root to your supplement regimen.

Usual dosage: Take one (1) capsule of Benecare, once or twice daily with food.