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DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE

DIPLOMATE AMERICAN BOARD OF NUTRITION

Nitro-Burn

TurboCharge Your Weight Loss

WHAT IT IS:

- A natural blend of herbs clinically proven to promote fat burning and control cravings
- **WHY YOU NEED IT:**
 - Targets patients looking to reduce body fat
 - Supports patients with self-destructive cravings
 - Important for patients with high blood pressure and high cholesterol who need to lose weight safely
 - Great for patients on weight loss shots (Ozempic, Mounjaro, Wegovy) who have hit a plateau
 - Good for patients concerned about weight regain after losing weight

HOW IT HELPS:

Nitro-Burn contains super-concentrated extracts of hibiscus, lemon verbena and green coffee beans that have been shown to help patients burn fat, control cravings and lose weight in 9 scientific publications and 7 clinical studies. When taken together as Nitro-Burn, these extracts are 6-times stronger than if they were consumed individually.

Nitro-Burn works like the once-weekly weight loss shots but without the potential side effects of those prescription medications. Like Ozempic and Mounjaro, Nitro-Burn also increases the activity of glucagon-like peptide-1 (GLP-1). This naturally occurring peptide reduces cravings while slowing down digestion, so that you feel fuller in the belly with less food in your stomach. Researchers have proven that the ingredients in Nitro-Burn can lead to a 6% drop in body weight in just 8 weeks. This is similar to the results seen with the weight loss shots, but at a fraction of the cost and risk. Nitro-Burn can also be used in conjunction with these weight loss shots, especially in patients whose slimming benefit has slowed or come to a stop.

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Many patients are frustrated over how hard it is to keep weight off once they have lost the unwanted pounds. Most patients don't know that their weight regain is usually the result of too much Ghrelin, the 'hunger hormone.' Ghrelin is the hormone that tells you to search for food when it is time to eat. Ghrelin is also involved in taste sensations and carbohydrate metabolism which can also drive weight regain.

The higher your Ghrelin levels, the hungrier you are. The ingredients in Nitro-Burn have been shown to reduce Ghrelin levels by 10%! That's impressive and very much appreciated when you are either trying to lose more weight or keep it off.

Nitro-Burn's clinical blend has also been shown to have important cardiovascular benefits, by reducing blood pressure 12% in 6 weeks and lowering the 'bad' LDL cholesterol by 20% in research studies.

Nitro-Burn works even if you do not change your diet or increase your exercise...but if you do both and take Nitro-Burn, the clinical benefits more than **double**.

So, wherever you are in your weight loss journey, Nitro-Burn can maximize your success...naturally.

Usual dosage: take 2 capsules on an empty stomach before meals, 1 – 3 x daily depending on your needs and advice from your healthcare provider.