

INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
EASTERN TRADITIONS

THE CENTER FOR
**INTEGRATIVE
MEDICINE**

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***guppie**

(So much packed into So little)

WHAT IT IS:

- Double strength, ultra-pure fish oil in a tiny softgel

WHY YOU NEED IT:

- Important for patients looking to maintain healthy cholesterol levels
- Great for patients who want to decrease heart palpitations
- Targets patients trying to reduce risk of Alzheimer's and mood disorders
- Good for patients needing to reduce risk of stroke
- Supports patients wanting to lower levels of inflammation

HOW IT HELPS:

According to clinical studies, just three servings of fatty fish per week can reduce your risk of dropping dead of a heart attack by more than 50%. This benefit is in the same realm as taking a daily aspirin or reducing blood cholesterol levels with medications or herbs.

The omega-3 fish oil supplements can help support patients looking to reduce health risks, maintain sharp brain function, target balanced moods, and support healthy cholesterol levels.

Our *guppie fish oil gets gives you all of these benefits but with half the number of doses...and in half the size of large fish oil capsules! This product is also molecularly distilled to ensure purity levels that exceed conventional recommendations and allowances, so you can take it confidently and regularly.

Usual Dosage: Take two to four capsules daily as directed by your healthcare professional, preferably with a meal.