

INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
EASTERN TRADITIONS

THE CENTER FOR
**INTEGRATIVE
MEDICINE**

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Glutathione

Can't Live Without It

WHAT IT IS:

- A master antioxidant for global detoxification, immune support, and health promotion

WHY YOU NEED IT:

- Important for patients needing enhanced detoxification support
- Great for patients looking for effective immune boosting supplementation
- Targets patients fighting chronic infections
- Good for patients with reduced or compromised immune functioning
- Provides potent antioxidant support
- Augments natural therapies that promote healthy blood pressure and erections
- Clinically proven to boost natural glutathione levels

HOW IT HELPS:

We all live in a toxic soup of city living, made worse by many of our 'unfortunate' dietary choices, poor sleep, and relentless stress. Of course, we are born with some basic detoxification capacities that serve to protect us from many toxic and stressful exposures. But we certainly were not designed to adroitly handle the millions of toxic chemicals and persistent stress that seem to define our daily, modern living.

Over time, our detoxification defenses become depleted due to these exposures, leaving us vulnerable to the consequences of direct toxic contact and unremitting stress.

Our body's best known, studied, and abundant defensive molecule is glutathione. This powerhouse protector has been given the justly deserved title of 'master antioxidant'

because of its unique power to neutralize toxins, boost immune functioning, and protect our cells from environmental and physiological damage.

Glutathione is so powerful and important for human health that you can only live a few hours without it. The over-the-counter drug, acetaminophen (Tylenol) is of the world's most potent destroyers of our body's naturally produced glutathione. It takes only twelve (yes, twelve) Tylenol tablets to 'zero out' your glutathione stores, effectively killing you if emergency medical attention is not instituted within a few hours.

Nearly one quarter of our glutathione is stored in the liver where it plays an important role in protecting the liver from toxic contact and helping to neutralize cellular poisons by binding to them and assisting their removal via intestinal waste.

In addition to being stored in the liver, glutathione is naturally concentrated in the cells of our intestinal lining. This allows glutathione to effectively knock out toxins before they can enter our bodies and cause damage. Our immune cells also concentrate glutathione where this molecule plays a critical role in boosting, maintaining and modulating our immune function. In one clinical trial, supplementing with three months of daily glutathione was able to more than double the killing power of Natural Killer cells, an critically important, First Responder immune cell.

Most glutathione supplements are not effective because they are destroyed on contact with the stomach acid and digestive juices. By contrast, MyBestHealth's glutathione capsules are the only clinically tested and proven supplement shown to significantly boost glutathione levels in the blood, cells and tissues when taken consistently as directed.

Our glutathione deserves to be part of your daily regimen for powerful and reliable antioxidant, immune boosting, and detoxification support.

Usual dosage: Take one (1) to two (2) capsules of Glutathione 2 to 3 times daily, preferably without food. Can be taken with food if needed.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.