

INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
EASTERN TRADITIONS

THE CENTER FOR
**INTEGRATIVE
MEDICINE**

5620 WILBUR AVE., SUITE 220
TARZANA, CALIFORNIA 91356
PHONE: 818.345.2828
FAX: 818.345.2848

MICHAEL HIRT, M.D., A.P.C.

DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE

DIPLOMATE AMERICAN BOARD OF NUTRITION

Hot Head

Blast Open Clogged Sinuses

WHAT IT IS:

- An organic blend of herbs and spices that support healthy, open nasal and sinus passages

WHY YOU NEED IT:

- Great for patients with sinus and nasal congestion
- Important for patients with sinus infections and allergies
- Supports patients with clogged nasal passages and sinuses
- Good for patients with chronic snoring
- Targets patients with sinus headaches due to congestion
- Safe, rapid-acting, non-drug formula

HOW IT HELPS:

Hot Head contains the perfect blend of sinus-clearing spices and immune boosting herbs. For example, horseradish, cayenne, and peppermint have been used by grandmothers and herbalists for millennia to instantly promote healthy nasal and sinus passages.

To assist you when suffering from a nasty head cold or allergy attack, Hot Head also supports a healthy immune system with herbs such as Goldenseal, Boneset, Echinacea, Andrographis, Yarrow, Osha, Spilanthes, and Elderberry.

To thin the mucus so it is easier to expectorate the congestion, Hot Head contains herbs like horehound, licorice and wild cherry.

And for added measure, we have included herbs with traditional antimicrobial properties including olive leaf and garlic extracts.

If you can tolerate hot and spicy foods and seasonings, Hot Head will be your new best friend when intense sinus pressure nasal congestion have the upper hand. Take back control of your good health with a few drops of Hot Head.

Usual Dosage: Five drops of Hot Head every three to four hours or as needed for optimal sinus and nasal health.