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# Sacchomyces

## Overcoming Culture Shock

### WHAT IT IS:

- A thoughtfully researched blend of healthy microbes to support normal gut function, especially during and after antibiotic therapy

### WHY YOU NEED IT:

- Important for patients wanting to reduce the stomach-related side effects of antibiotics
- Great for patients needing a strong, balanced immune system
- Targets patients looking for auto-immune support

### HOW IT HELPS:

Your gut contains a very important but delicate balance of good and bad bacteria. The breadth and nature of these hearty bacteria are critical to your best health. These bacteria are also known as your 'microbiome', which means 'tiny ecosystem.' But there is nothing small about their importance to your wellbeing.

These indigenous bacterial colonies are part of your birthright, and you should protect and defend it as if your life depends on them...because it does.

More than 60% of your immune system lines your intestinal tract where these immune cells interact very closely with the bacteria in your gut. In exchange for food and lodging, these bacteria train your immune system to be the focused, powerful warrior cells that defend you against all other dangerous microbes.

The good bacteria in your intestines also stimulate your immune system to work harder and better. Sometimes more importantly, they also tell your immune system when to back down. This is especially important in autoimmune conditions, like Hashimoto's thyroid disease, colitis, Lupus, and Rheumatoid Arthritis.

Prescription antibiotics are like a form of deadly 'friendly fire,' inadvertently killing massive numbers of healthy gut bacteria while targeting bad bugs elsewhere. This leaves your microbial birthright, one of Mother Nature's most precious and enduring

gifts, in shambles. Without your billions of microbial partners, you are even more vulnerable to the next infection or immune-disease that targets you.

In the near future, we will wonder how we could ever be so cavalier with antibiotics that threaten the long-term health of this important resource within our collective bellies. As a society, we spend a lot of time and concern over the environment we live in and very little effort on the environment that lives within us.

We do so at our peril.

Sacchomyces is one of our flag-ship natural products that is carefully designed to help support a robust intestinal microbiome. You simply cannot have a healthy body and immune system without a healthy gut. And if you must take antibiotics, then you must take probiotics, like Sacchomyces, that are specifically targeted for this purpose.

Plan to take Sacchomyces for at least six months from the time you start antibiotics; it takes at least that long to put back even a fraction of the good bacteria killed by a round of antibiotics. And if you are looking to maintain a healthy intestinal tract and immune system, plan to take Sacchomyces indefinitely.

I do, and thus Sacchomyces has been a cherished part of my daily supplement regimen for years.

Usual dosage: Take two capsules of Sacchomyces with or just after meals twice daily, separated from antibiotics by two hours. Continue this dosage for at least six months after the antibiotic prescription has ended.

To maintain good health, take one to two capsules of Sacchomyces with or just after meals, twice daily...for as long as you can.