

INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
EASTERN TRADITIONS

THE CENTER FOR
**INTEGRATIVE
MEDICINE**

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RUNNING WATERS 2.0

Supporting Patients with Prostate Enlargement

- Important for patients looking to reduce frequent voiding & urgency
- Can be used synergistically with Prostata.

Running Waters 2.0 is blend of herbs that have been shown in clinical studies to support patients with the symptoms of benign prostate enlargement.

These symptoms include frequent voiding, urgency, post-void dribbling, getting up at night to urinate, and weaker urine flow.

Running Waters 2.0 has been a reliable, drug-free supplement for nearly 20 years.

Together with the prostate nutritional supplement, Prostata, these two herbal blends provide comprehensive support for patients with an enlarged or inflamed prostate.

Usual dosage: Take 2 to 4 capsules, 2 to 3 times daily for optimal utilization.

These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.
Always consult your doctor before taking any of these products.