INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
EASTERN TRADITIONS

## INTEGRATIVE MEDICINE

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# YOOTH

### See what PQQ can do for you

#### WHAT IT IS:

 A powerful, natural anti-oxidant that supports enhanced brain heath, restful sleep, and a calm mood

#### WHY YOU NEED IT:

- Contains PQQ, the brain's most favorite anti-oxidant
- Important for patients looking to boost memory, attentiveness, thinking
- Supports patients with stress
- Good for patients needing more restful sleep
- Well tolerated at any age

#### **HOW IT HELPS:**

Yooth contains an effective dose of PQQ, a powerful anti-oxidant found naturally in foods that was discovered in the late 1970s. Clinical studies have shown that PQQ can support healthy higher-level brain functions including memory, attention, and thinking in adults of any age.

There are few poisons stronger than stress that humans are exposed to on a daily basis. Stress will also age you faster than anything else I know. Backed by PQQ, Yooth will support a calm, relaxed state that is critical to maintaining long term good health.

Most people think they can get away with as little sleep as possible. This is a dangerous illusion that fails to recognize the health value of a good night's sleep. PQQ also targets patients needing enhanced, restful sleep backed by therapies with solid clinical research.

Chronological aging is inevitable but feeling older and looking older are not.

A sharper mind. Less stress. Better sleep.

Take care. Be 'Yooth'ful.