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# YEAST BEAST

## WHAT IT IS:

- Blend of 11 herbs and spices that target Candida and related yeast

## WHY YOU NEED IT:

- Important for patients with Candida symptoms
- Good for patients with abnormal stool testing
- Addresses gas and bloating symptoms associated with Candida
- Supports patients on anti-Candida programs

## HOW IT HELPS:

*Candida albicans* and related species of yeast are normally found in and on the bodies of most people. For those with an active and healthy immune system, the growth of Candida is kept in check, and the majority of patients with Candida experience no symptoms.

Candida is an opportunistic infection, and this yeast can overgrow and cause symptoms whenever the body weakens, such as: (1) advancing age; (2) use of antibiotics which alters the good-bad bacterial balance; (3) use of chemotherapy; (4) stress/anxiety syndrome; (5) general toxicity; (6) chronic infections.

Candida symptoms include:

- Stomach pain and digestive problems
- Abdominal gas and bloating
- Skin problems including eczema and acne
- Fatigue and chronic exhaustion
- Irritability and Anxiety
- Headaches
- Sugar cravings
- Brain fog and dysfunction

For patients with Candida, these symptoms typically get worse when their body weakens due to medication use, poor sleep, stress, increased toxicity, and diet indiscretions (including sugar, fruit, processed grains [bread, pasta, crackers, white rice, cereals], and alcohol).

Fortunately, Candida is generally very susceptible to natural therapies which can target the yeast without the collateral damage of destroying all of the good bacteria, such as can occur with the use of prescription products.

Yeast Beast contains 11 herbs and spices that have a long tradition in the supporting patients with Candida. Yeast Beast starts working when the capsules hit your stomach and then continues to work throughout your intestinal tract, cleaning your gut of Candida overgrowth. As you cannot eradicate all Candida permanently (even with medications), Yeast Beast can be used multiple times when Candida symptoms return or if your lifestyle/diet choices take a sharp left turn and spawn a return of Candida overgrowth.

**Usual Dosage:** Take two (2) capsules two (2) to three (3) times daily, preferably before meals.