INTEGRATING WESTERN MEDICINE, NUTRITION AND EASTERN TRADITIONS



5620 WILBUR AVE., SUITE 220 TARZANA, CALIFORNIA 91356 PHONE: 818.345.2828 FAX: 818.345.2848

MICHAEL HIRT, M.D., A.P.C. DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE DIPLOMATE AMERICAN BOARD OF NUTRITION

Truly Activated Berberine

WHAT IT IS:

• A super-absorbable, highly activated form of berberine

WHY YOU NEED IT:

- Important for patients with abnormal blood sugar, Insulin Resistance and Diabetes
- Supports patients concerned about aggressive and recurrent cancer
- Good for patients with high cholesterol and triglycerides
- Great for patients with gout and elevated uric acid levels
- Targets patients with intestinal parasites and 'bad' bacteria including E. coli, Giardia, Entamoeba histolytica, Candida, Salmonella, Klebsiella, Clostridium, Shigella, and Cryptococcus
- Clinically proven, all natural, and without the side effects of prescription drugs

HOW IT HELPS:

Derived from *Berberis aristata*, Truglyde contains berberine, a powerful nutraceutical that has been proven safe and effective in clinical research trials. Berberine supplements have been shown to be as effective as the prescription drug, metformin (Glucophage), at lowering blood sugar, uric acid levels, insulin levels and cholesterol. Berberine works fast, supporting patients looking to achieve healthier sugar levels in under five weeks of supplementation.

The body has two main ways of achieving healthy cholesterol levels. One is by reducing the amount of cholesterol made and released by the liver into the bloodstream. The other is by activating liver cells to pull cholesterol out of the bloodstream. Statin drugs work by blocking cholesterol production in the liver and are associated with both liver damage and an increased risk of Diabetes with long term use. Berberine supports healthy cholesterol levels by stimulating liver cells to remove more cholesterol from the blood which is well tolerated.

Unlike prescription drugs that can adversely affect the liver while lowering blood sugar and cholesterol, Truglyde supports healthy liver function while promoting normal sugar and cholesterol levels.

Herbalists have long relied on berberine for its natural antibiotic, anti-viral, anti-parasitic effectiveness. In clearing intestinal infections, berberine supports patients looking for a remedy that is as effective as the prescription drug, metronidazole (Flagyl), but without many of the side effects seen with prescription therapies.

Cancer starts from a single, abnormal stem cell. This rogue cell then divides to produce many daughter cells and some additional stem cell copies. Most tumors are comprised mainly of daughter cells with a small core of cancer stem cells. However, cancer stem cells are extremely hardy, very resilient, and not susceptible to safe doses of traditional chemotherapy and radiation. To cure cancer with chemotherapy and radiation, oncologists would have to give enough chemo or radiation to kill all of the cancer stem cells. Such a large dose would also wipe out all of the patient's healthy stem cells, thereby killing the patient.

Not good.

As compared with surgery, chemo and radiation, only the immune system can target and destroy cancer stem cells, thereby curing the patient of cancer. Without a healthy, active immune system, the remaining cancer stem cells can be the source of disease recurrence. Berberine is highly supportive of patients needing to weaken cancer stem cells and thus making these stem cells more vulnerable to attack by the immune system. This is very important in helping patients successfully fight cancer and prevent its return.

Unfortunately, not all berberine supplements are created equally nor are they equally effective. The problem with using berberine medicinally has been getting berberine supplements from the capsule into the bloodstream where it can work its natural magic. Truglyde uses advanced technologies to significantly improve the absorption of berberine from the intestines. No absorption, no benefit.

When it really matters...use Truglyde.

Dosing:

For patients with elevated blood sugar, uric acid, insulin, and cholesterol, take Truglyde 1-2 capsules twice daily, preferably on an empty stomach.

For patients with cancer stem cell concerns, take Truglyde 3-4 caps three times daily, preferably on an empty stomach.

For patients with intestinal infections and parasites, take Truglyde 2-3 caps with meals, twice to three times daily.