

INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
EASTERN TRADITIONS

THE CENTER FOR
**INTEGRATIVE
MEDICINE**

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The SON Formula

WHAT IT IS:

- A unique blend of amino acids that builds muscle, burns fat

WHY YOU NEED IT:

- Important for patients looking to accelerate fat burning
- Great for patients wanting to preserve metabolism
- Good for patients needing to build muscle, strength
- Addresses athletes' concerns for muscle building, strength and recovery
- Targets patients recovering from surgery or hospitalizations
- Ultra-low calorie formula
- All natural ingredients, well tolerated

HOW IT WORKS:

The SON Formula is a clinically proven blend of essential amino acids that supports patients who need to trigger the body to build muscle. Only the specific, patented ratio of these amino acids is immediately recognized as a molecular signal for the body to start creating muscle tissue.

More muscle mass means more energy, more strength, and more calorie burning.

With only five calories per tablet, The SON Formula can support patients looking to accelerate any weight loss program when it is used as a meal replacement. When using this product as part of a healthy weight loss program, muscle mass is preserved which helps keep your metabolism strong, your energy up, and your shape lean.

For patients recovering from injuries and surgery, adding The SON Formula can support healthy levels of healing and strength by assisting the body's repair processes. Just one week of continuous bed rest (or living life as a couch potato) causes a 25% drop in muscle mass. Patients feel this drop as generalized weakness, fatigue, and will often see muscle turn to flab.

To achieve their personal best, athletes and sports enthusiasts need more than just practice and gym time. The SON Formula targets athletes needing to trigger the muscle and strength building necessary to boost performance and reduce injuries.

These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.
Always consult your doctor before taking any of these products.

Usual Dose:

For weight loss, take ten (10) tablets on an empty stomach with two full glasses of water as a meal replacement. After 23 minutes if still hungry, have a low carb snack such as a salad. Two meals each day can be replaced with The SON Formula to accelerate fat burning.

To build muscle and strength, take ten (10) tablets with two full glasses of water on an empty stomach between meals. Wait 23 minutes before eating to ensure maximal absorption and effectiveness of The SON Formula.