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# Spring Chicken

## WHAT IT IS:

- World's most powerful antioxidant

## WHY YOU NEED IT:

- Supports anti-aging
- Important for patients wanting improved heart and artery health
- Targets patients with cancer concerns
- Good for patients who are tired
- Great for patients looking to boost the function of mitochondrial (the cellular energy generator)

## HOW IT HELPS:

Resveratrol is natural compound of the stilbene family that is found mainly in grapes, berries, plums, peanuts, and pine bark. Resveratrol is a potent supplement for human health because its effects can support a cancer-free lifestyle, reduce the harmful effects of inflammation, targets patients who want anti-aging.

In laboratory studies, resveratrol interferes with cancer formation at three critical steps (initiation, promotion, and progression). It has also been shown to target certain types of cancer cells, such as breast cancer.

For anti-aging, resveratrol activates sirtuins, a recently discovered family of longevity enzymes that keeps cells long-lived and maintains youthful vitality. In research studies, resveratrol also blocks the plaque-building effects of cholesterol in arteries, boosts Nitric Oxide (a nutrient critical for healthy arteries and blood flow), and reduces the inflammation that contributes to premature aging, degenerative changes, arthritis, tendinitis, dermatitis, as well as brain and nerve diseases (such as memory loss, Parkinson's, neuropathy).

Recent studies in mice have proven the dramatic longevity effects of resveratrol supplementation. Mice given methyl-resveratrol lived three times longer than mice who did not receive it.

**This is the most impressive longevity boosting effect in recorded scientific research.**

Most over-the-counter resveratrol supplements contain trans-resveratrol which is quickly removed from the blood stream and therefore not capable of acting as an anti-aging powerhouse.

Spring Chicken contains methyl-resveratrol (the identical supplement used in the anti-aging clinical trials; not the trans-resveratrol sold in over-the-counter supplements) which lasts ten times longer in the body, providing all day protection. Spring Chicken also contains other nutrients that help maximize the absorption of methyl-resveratrol so that every precious molecule gets into your body.

**Usual Dosage:** Take two capsules (together) once or twice daily before meals on an empty stomach.