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DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE
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SmartyPants

Hey, who doesn't want to be smarter and happier?

WHAT IT IS:

- A natural mineral supplement that supports healthy brains, mood and sleep

WHY YOU NEED IT:

- Targets patients who need a brain boost
- Important for stressed patients who need a healthier mood
- Good for patients who need improved sleep
- Easy-to-use powder, makes a great tasting drink
- All natural and well-tolerated

HOW IT HELPS:

Magnesium is one of the most important minerals for brain health. However, most of us eat a diet that is deficient in magnesium. Without enough magnesium, the brain cannot function optimally, leaving people feeling more moody, sleepless, and well...stupid.

Getting magnesium into the brain is not easy. Nearly all vitamin supplements fail to boost magnesium brain levels.

So, the geniuses at M.I.T. developed a special form of magnesium that is clinically proven to specifically raise magnesium levels in the brain. SmartyPants uses this M.I.T. magnesium technology along with a blend of other forms of magnesium that support healthy levels of this important mineral.

With enough magnesium bathing the brain, both short-term and long-term memory cells can function optimally. Thinking and learning are also enhanced when the brain is supported with higher magnesium levels.

Additionally, restful sleep and a calm mood are benefited by optimizing healthy magnesium levels.

Dosage: for the first week, use one scoop in 4 oz of water immediately before dinner or one hour before bedtime. Take on an empty stomach. Starting in the second week, take an additional serving during the day, preferably in the mid-afternoon. Continue to take a second serving daily before dinner or bedtime.

Reduce usage if friends or family complain that you are too 'smart and happy' for your own good.