
MICHAEL HIRT, M.D., A.P.C.
DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE
DIPLOMATE AMERICAN BOARD OF NUTRITION

SALVE #74

WHAT IT IS:

- Ready-to-use bentonite clay paste

WHY YOU NEED IT:

- Clay is the ultimate detoxifier and healing therapy
- Important for patients with skin infections, wounds, and burns
- Targets patients with edema/focal swelling, headaches, sinus congestion, ear problems, liver toxicity, sore throat, arthritis and rashes/eczema
- Apply directly to painful joints, muscles, and tendons
- Works great as a natural facial mask
- Helps pull internal toxins out through the skin
- Every home and travel kit should include clay

HOW IT HELPS:

As a physician, I am used to having many healing remedies, medicines, and tools at my immediate disposal. I rely on these varied therapies to offer personalized care to each of my patients.

But if I were forced to work with only one treatment, I would choose clay.

With enough time, effort, patience and nutritional support, clay can heal and prevent any illness, and has been proven to do so by health practitioners for thousands of years. The clay in Salve #74 comes from ancient deposits of volcanic ash. Free of pollutants and bacteria, Salve #74 provides patients ready-to-use clay paste made from a specific type of clay called bentonite.

Bentonite is one of the most studied and widely used clay for human health, healing and detoxification. Under the powerful electron microscope, bentonite clay looks like tiny stacks of flat crystal plates stacked on top of the other with a small space between each crystal plate.

The healing power of bentonite clay comes from its ability to attract toxins, viruses, bacteria, fungus, and yeast to the surface of its crystal plates much like a magnet attracts tiny metal shavings. However, clay goes one step further. Unlike a magnet that merely holds the metal shavings loosely on its surface, the bentonite clay crystal plates are able to pull the toxins and microbes into the molecular structure of the clay, permanently locking the toxins and microbes inside this nano-prison.

- Use as a poultice: A poultice is a ½ to one-inch thick application of clay that is applied to the skin as a therapy. To use Salve #74 as a poultice,
 - Apply the clay paste to a clean piece of gauze or natural fabric that is large enough to cover the treatment area, such as a skin wound/infection, joint/tendon, or body part (liver, lung, pelvic organs, intestines, neck, throat, forehead, etc.).
 - Secure the clay pack by wrapping it gently with rolled gauze or cloth.
 - Keep in place for at least two hours. You may also apply the clay poultice before bed and sleep with it on.
 - As a “Detox Band” to aid in internal cleansing (especially during a focused “detox”), apply the poultice to inner surface of your non-dominant upper arm and secure with rolled gauze or cloth. Use before bedtime and remove upon rising. The “Detox Band” will help pull and remove toxins that flow through the major arteries and veins of your arm while you sleep.
- Use as a drying therapy: To “dry” out a skin wound/infection or blemish, apply clay paste ¼ to ½ inch thick directly on the treatment area and allow clay to crust. Once the clay has dried out, its usefulness is complete, and the clay can be removed. Applications of fresh clay can be used as often as needed. Most skin issues require at least two to three applications daily.
- Use as a facial/beauty mask: Clean and dry your face. Apply clay paste 1/8 to ¼ inch thick to your face and neck. Allow to dry and then use warm water and a washcloth to remove the dried mask.
- For maximum healing, clear skin, and detoxification, use Detoxificant #77 (liquid bentonite clay water) one to two tablespoons twice daily for internal cleansing.