
MICHAEL HIRT, M.D., A.P.C.
DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE
DIPLOMATE AMERICAN BOARD OF NUTRITION

SAMBUCOL LOZENGES

When Your Throat is Sore and Scratchy

- Important for patients wanting a natural soothing lozenge.
- Supports patients looking for anti-viral therapy
- Great tasting, safe for anyone who can use lozenge therapies

The Sambucol lozenge contains a potent extract of black elderberry which is prized for its anti-viral properties, especially flu viruses.

In lozenge form, this product allows the throat to be bathed in black elderberry extract and targets patients with sore throats caused by viruses.

Unlike other elderberry-based products, Sambucol is manufactured using a proprietary process designed to preserve the potency of the flavonoids found concentrated in the black elderberry.

The result is a natural supplement that is both great tasting and uniquely rich in immune supporting antioxidants.

Usual Dosage:

Adults: Take 1-2 lozenges every hour, or as needed; up to 16 lozenges per day.

Children 9-12 years: take 1 lozenge every 1-2 hours, up to 8 per day.

Children 6-9 years: Take 1 lozenge every 3 hours, up to 4 per day.