
MICHAEL HIRT, M.D., A.P.C.
DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE
DIPLOMATE AMERICAN BOARD OF NUTRITION

ROCKET POP

WHAT IT IS:

- An all-natural formula to support patients concerned with brain function, detoxification, energy, and joint health.

WHY YOU NEED IT:

- Important for patients with elevated toxic loads, including homocysteine
- Good for detoxification support in patients (“poor methylators”)
- Supports patients wanting a healthy mood
- Targets patients with arthritic joint pain
- Addresses patients looking for more energy

HOW IT HELPS:

The body uses many different paths to detoxify the cellular trash that results from routine metabolism. We also get loaded up from environmental toxins that need to be removed from our bodies in order for us to maintain optimal health.

One of the most important detoxification pathways is a process known as methylation. During methylation, the body will attach a molecular “handle” (called a methyl group) that neutralizes the toxin or targets it for removal from the body. Methylation is also important in reducing our risks of depression, serious infection, cancer, and heart disease.

If you have elevated levels of homocysteine on blood testing or a genetic abnormality with the MTHFR gene, you may have significant problems with methylation detoxification, and this may put you at increased risk of developing certain diseases and medical conditions. For example, elevated homocysteine has been associated with heart disease, stroke, Age Related Macular Degeneration (the leading cause of blindness in US adults), and osteoporosis. Patients with the MTHFR defect have an increased risk of stroke, heart attacks, cancer, and having children with birth defects.

Rocket POP is a unique formula combining two natural ingredients that help the body maintain healthy methylation activity. This supplement specifically addresses health concerns of patients with elevated homocysteine and MTHFR genetic defects. Rocket POP supports patients looking to experience healthier energy, mood, and joints. Lower homocysteine levels on serial blood testing indicate that improved methylation is occurring when using Rocket POP, especially for patients with the MTHFR defect.

Usual Dosage: Place the contents of one (1) sachet of Rocket POP under your tongue and hold it there for three minutes before swallowing. This helps Rocket POP get into your body faster and more effectively. Take Rocket POP on an empty stomach and wait at least 30 minutes before eating. If taking Rocket POP after meals, please wait two hours before doing so for maximal effectiveness. Rocket POP should be used one (1) to three (3) times daily and the dose is dependent on measurement of homocysteine levels and the severity of defects in the MTHFR gene. Patients with higher levels of homocysteine and more serious defects of the MTHFR gene will typically require higher daily doses of Rocket POP.

These statements have not been evaluated by the Food and Drug Administration.

These products are not intended to diagnose, treat, cure or prevent any disease.

Always consult your doctor before taking any of these products.