INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
EASTERN TRADITIONS

INTEGRATIVE MEDICINE

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Perfect 10

Nature's Blend of Omega 7 + 3

WHAT IT IS:

The most complete omega formula for heart health

WHY YOU NEED IT:

- Targets patients with high cholesterol, LDL ('bad'), and triglycerides
- Important for patients with elevated levels of inflammation (C-Reactive Protein)
- Good for patients with low levels of omega-3 (fish oil)
- Provides nearly 7 times the amount of healthy omega fats than krill oil
- Supports patients with Insulin Resistance (pre-Diabetes) and fatty liver
- Addresses patients with small, sticky cholesterol particles

HOW IT HELPS:

There are more than 20,000 scientific papers supporting the health benefits of omega-3 fats. Recent evidence has also shown the importance of omega-7 fats in human health.

Omega-7 fats are a good source of palmitoleic (Palm-ih-tow-Lay-ik) acid, a type of fat most commonly found in foods such as macadamia nuts and whole milk. The problem with most natural sources of omega-7 is that they also contain some of the bad 'saturated' fats that are not good for your health.

Perfect 10 provides the benefits of both omega-7 and 3 but without any of the unwanted saturated fat.

Researchers have found that the healthy fats found in Perfect 10 can support healthy cholesterol levels, insulin levels, blood sugar levels, inflammation levels, as well as liver health.

Bonus: Perfect 10 also helps support patients looking for a healthy body via improved appetite and fat metabolism. When taking Perfect 10 regularly, you can see a difference in both your body and your test results.

The Bottom Line: the numbers you do like will go up, while the numbers you don't like will go down. It is...sort of...Perfect.