INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
EASTERN TRADITIONS

INTEGRATIVE MEDICINE

5620 WILBUR AVE., SUITE 220 TARZANA, CALIFORNIA 91356 PHONE: 818.345.2828 FAX: 818.345.2848

MICHAEL HIRT, M.D., A.P.C.

DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE DIPLOMATE AMERICAN BOARD OF NUTRITION

Ormed Chronic Infections Protocol

An Activated, Liposomal Botanical and Nutritional Protocol for Tick-Borne and Chronic Infections

Week One:

Liposomal Vitamin C. Begin at a dose of 2-3 drops, three times a day. The maximum recommended dose is 30 drops, three times per day. After one week of the lower dose, it can be gradually increased.

Week Two:

Continue with Vitamin C, and add the specially processed Grapefruit Seed Extract. Begin GSE at a dose of 10 drops three times per day. **NOTE:** Sensitive patients should start **SLOW** at 1 drop, three times per day. If no die-off reactions occur, dosage can be gradually increased to 25-30 drops, three times per day.

Week Three:

Continue with the Vitamin C and Grapefruit Seed Extract. Add the specially processed Ormed Essential Oils Blend at 1 or 2 drops, three times per day. The maximum recommended dose is 5 drops, three times per day.

The protocol can be continued for several weeks. A single course of treatment in the French Lyme protocol is 18 weeks. Dosages can be varied during the protocol. With die-off reactions, the Essential Oils Blend should be reduced first, followed by the Grapefruit Seed Extract. The Vitamin C is used as an antimicrobial but causes fewer die-off reactions.

Any of these formulas can be rubbed into the skin, for example, on the inner arm between the elbow and wrist, if there are reactions, or for hypersensitive patients.