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DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE
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Naturally “D”

Double Strength

WHAT IT IS:

- Most active form of vitamin D
- Easily absorbed, 2,000 IU Per Drop

WHY YOU NEED IT:

- Supports patients with bone loss
- Immune booster
- Important for muscle strength in older patients
- Targets patients with auto-immune diseases
- Good for healthy blood pressure
- Assists patients with fibromyalgia
- Important for calcium balance
- Great for patients looking to reduce risk of certain cancers: colon, breast, prostate

HOW IT HELPS:

Vitamin D is an essential nutrient that is made in the body when the skin is exposed to sunlight. The sunlight needs to be at its most intense (between 11AM and 3PM) and hit the skin directly without clothing or sunscreen blocking sunlight. Vitamin D is found only in a few foods such as mackerel, tuna, herring and sardines.

Most of us are inside buildings or cars during peak sun hours or wear clothing and sunscreen that blocks the skin from being able to make vitamin D. Studies show that more than 50% of adult Americans are deficient in vitamin D (even in sunny Florida), and this number is even higher in Northern states where the sunlight is less intense, particularly in the fall and winter months.

Naturally "D" is an easy-to-take, highly absorbable form of natural vitamin D that can safely and effectively maintain healthy vitamin D levels.