
MICHAEL HIRT, M.D., A.P.C.
DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE
DIPLOMATE AMERICAN BOARD OF NUTRITION

MoodShine

WHAT IT IS:

- A natural blend of synergistic nutrients to support a healthy, relaxed mood.

WHY YOU NEED IT:

- Quickly supports patients wanting a calm, relaxed emotional state during times of stress and anxiety
- Good for patients with insomnia, worry, nervous tension, and stress syndrome
- Supports patients wanting healthy male erections
- Targets patients with elevated blood pressure
- Fast-acting, great tasting powder that instantly dissolves in water.

HOW IT HELPS:

Stress kills and is the most damaging of all physiological states. It robs people of their youthfulness and good health by pumping the body full of stress hormones and chemicals that put the body and mind into overdrive. Together, these dangerous hormones and chemicals become a destructive form of sustained pressure that breaks down the body at an accelerated pace.

While you cannot stop “bad” things from happening to you, your friends or your family, you must stop the disastrous effects of stress on your good health, and that is where MoodShine can help.

MoodShine contains ingredients that work together for patients needing to promote an inner calm and relaxed mood.

MoodShine comes in a “quick-mix” powder that allows for immediate effectiveness because there are no tablets or capsules to digest. This means that MoodShine is ready

to help whenever you need it.

MoodShine dosing is very flexible.

It can be taken every four (4) hours regularly throughout the day and evening or dosed on an “as needed” basis whenever stress symptoms get uncomfortable or overwhelming.

The usual dosage for MoodShine is one (1) to two (2) scoops in six ounces of water taken every four hours or as needed. MoodShine is best taken on an empty stomach, but can be used safely and effectively whenever needed, including with or near meals and snacks.

For support of good health, take a dose or two of MoodShine the instant you become aware of an unhealthy bodily or mental tension that is resulting from some form of stress.

For support of natural sleep patterns, MoodShine can be taken on an empty stomach within thirty minutes of bedtime. MoodShine can often be safely combined with other sleep remedies to help prepare the body and mind for a good night’s rest.

Please inquire for specific instructions before combining MoodShine with other therapies.

For support of healthy male erections, one or two doses of MoodShine should be taken within one hour of sexual intercourse, preferably on an empty stomach.