

INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
EASTERN TRADITIONS

THE CENTER FOR
**INTEGRATIVE
MEDICINE**

5620 WILBUR AVE., SUITE 220
TARZANA, CALIFORNIA 91356
PHONE: 818.345.2828
FAX: 818.345.2848

MICHAEL HIRT, M.D., A.P.C.
DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE
DIPLOMATE AMERICAN BOARD OF NUTRITION

KIDNEY CHI

WHAT IT IS:

- Herbal blend that targets kidney, bladder, and urinary health

WHY YOU NEED IT:

- Targets patients with infections in the kidney, bladder, or prostate
- Great for patients with post-intercourse bladder infections
- Important for patients with kidney stones
- Supports healthy kidney function to clear toxins and waste
- Good for patients with abnormal kidney blood/urine testing and high uric acid

HOW IT HELPS:

Kidney Chi is a blend of herbs that specifically targets the strength and health of the urinary system in both men and women. By assisting the kidney with its normal filtering and detoxification function, Kidney Chi works with your body to improve the health of this very important organ.

Clinical studies have shown that the herbs in Kidney Chi have activity against a number of the bacteria and yeast that cause kidney, bladder and prostate infections.

Patients with kidney stones have also successfully used Kidney Chi as part of a natural therapy program to optimize the clearing of stones and debris from the urinary tract.

Kidney Chi also assists the body in the normal handling of metabolic waste such as uric acid, the toxin which causes gout and contributes to heart disease and hardening of the arteries.

Usual Dosage: Take two capsules two to three times daily before meals. For post-intercourse bladder support, take three caps immediately following activity.