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FILL 'ER UP

A Modern Twist on an Ancient Root

WHAT IT IS:

- A medical-grade fiber supplement for health and wellness

WHY YOU NEED IT:

- Important for patients trying to lose weight
- Supports patients wanting to control satiety – the feeling of fullness when eating
- Good for patients with Diabetes and Insulin Resistance
- Targets patients with high cholesterol
- Great for patients with Irritable Bowel Syndrome
- Nourishes the good gut bacteria

HOW IT HELPS:

Soluble fiber is naturally found in a healthy, balanced diet. By using medicinal doses of soluble fiber, patients can experience benefits in addition to those of regular exercise and a good diet.

There are many fiber supplements to choose from, but most of them don't really work to visibly change your health, inside and out.

The health effects of konjac root (a traditional source of soluble fiber) are supported by dozens of scientific studies. In clinical research, konjac supplements have been tested in patients looking for improvements in satiety, weight control, blood sugar metabolism, cholesterol metabolism, and healthy bowel movements.

The 'key' to success is finding the best, most effective konjac supplement.

FILL'ER UP contains konjac fiber manufactured by a Japanese company that has been perfecting konjac processing for over 300 years. Konjac has been used in traditional Japanese healing and noodle making for hundreds of years.

As with many natural herbs, konjac also contains impurities and toxins that have to be meticulously separated from the healthy parts of this medicinal root. Most konjac supplements are not made with the care and precision necessary to protect consumers.

Through time-tested, expert preparation, FILL'ER UP contains the most purified and safest konjac fibers that have the medicinal power to make a difference you can see and feel.

When taken with food, FILL'ER UP supports patients looking to slow the digestive process and bind up fat and cholesterol in food. When digestion slows, blood sugar levels also rise more slowly which supports patients with diabetes and Insulin Resistance syndromes. By binding to fat and cholesterol, FILL'ER UP helps the body excrete excess calories and cholesterol through the bowel waste.

Fiber is necessary for healthy bowel movements that come with perfect timing: not too fast nor too slow. FILL'ER UP helps support normal bowel function for everyone, including patients with Irritable Bowel Syndrome.

Usual dosage: To maximize health benefits, mix two scoops of FILL'ER UP in 8 – 12 ounces of water (or any beverage of your choice) and consume 30 to 60 minutes before each meal. May also be taken with meals if necessary or for convenience. Do not take FILL'ER UP with fat-soluble vitamins such as A, D, E, K, omega-3 or 7, and Coenzyme Q10.