INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
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INTEGRATIVE MEDICINE

5620 WILBUR AVE., SUITE 220 TARZANA, CALIFORNIA 91356 PHONE: 818.345.2828 FAX: 818.345.2848

MICHAEL HIRT, M.D., A.P.C.

DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE

DIPLOMATE AMERICAN BOARD OF NUTRITION

EASY-GO IRON

For Healthy Iron Levels

- Better absorption
- Important for patients wanting iron supplements that are less constipating
- Targets patients looking for a rapid blood iron boost
- Good for patients with low iron who want stronger hair and nails

Iron is a critical mineral that helps the blood carry life-sustaining oxygen to every cell in the body.

Iron is also necessary to help maintain good energy levels, hair density, hair growth, and strong nails.

The problem with most iron supplements is that they are very irritating to the stomach or cause unhealthy constipation.

Easy-Go Iron is made from 100% chelated iron that targets patients who want a more absorbable and less constipating than most other iron supplements.

The chelated iron used in Easy-Go Iron has been clinically studied in patients needing a rapid boost blood iron levels. In my experience, patients with normal iron levels report feeling healthier and looking better than those with low blood iron levels.

Usual Dosage: Take one to three capsules daily, 1 to 2 times daily as directed by your healthcare professional. Iron supplements should not be taken within two hours of calcium or strontium supplements, or within four hours of thyroid medication. When taking iron supplements regularly, it is important to check blood iron levels regularly, as well.