INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
EASTERN TRADITIONS

# INTEGRATIVE MEDICINE

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# **Detoxificant #77**

# WHAT IT IS:

Colloidal bentonite clay

### WHY YOU NEED IT:

- Important for internal cleansing and liver detoxification support
- Targets patients with intestinal infections
- Addresses patients concerned with healing skin diseases from the inside out
- Good for patients with allergies: food and environmental

### **HOW IT HELPS:**

The use of clay in human health dates back to the earliest archeological evidence of human existence. Clays innumerable health benefits were so well appreciated that ancient armies would include a ration of clay for their soldiers' war-pack. While you may find it intellectually difficult to imagine eating clay, if you have ever used Kaopectate, then you have used the medicinal clay, Kaolin, probably without even knowing it.

The clay in Springreen's Detoxificant #77 comes from ancient deposits of volcanic ash. Free of pollutants and bacteria, Detoxificant #77 provides patients easy-to-swallow clay water made from a specific type of clay called bentonite.

Bentonite is one of the most studied and widely used clay for human health, healing and detoxification. Under the powerful electron microscope, bentonite clay looks like tiny stacks of flat crystal plates stacked on top of the other with a small space between each crystal plate.

The healing power of bentonite clay comes from its ability to attract toxins, viruses, bacteria, fungus, and yeast to the surface of its crystal plates much like a magnet attracts tiny metal shavings. However, clay goes one step further. Unlike a magnet that merely holds the metal shavings loosely on its surface, the bentonite clay crystal plates are able to pull the toxins and microbes into the molecular structure of the clay, permanently locking the toxins and microbes

inside this nano-prison. When you eliminate the clay in your waste, so goes the toxins and microbes.

The skin is our largest organ and it absorbs and excretes toxins just like other organs. But there is a difference. When your liver is excreting toxins, you may feel nothing or slightly toxic. When your skin excretes toxins, you usually see it as pimples or red rashes. Clay applied to the skin and taken internally can help re-direct toxins from the skin and support healthy looking skin.

In addition to all of the environmental pollutants that we eat, drink, breathe, and absorb through our skin, each cell in our bodies also makes and excretes waste. Even though this waste is made by our cells, it is toxic to us and must be eliminated or we would poison ourselves with our own waste. Unfortunately, our modern lifestyles do not help us nor encourage us to cleanse our bodies of the external and internal pollution.

It is the buildup of pollution (toxicity) in our bodies that ultimately causes all disease and aging. Time alone is not a disease or poison. It is the accumulation of toxins that so deteriorates our youthful bodies year after year.

Detoxificant #77 should be part of everyone's daily detoxification regimen. Take extra doses when you eat, drink, or breathe that which you know is not good for you.

# If you compromise...Neutralize!

Bentonite clay may bind to nutritional supplements and medications when taken at the same time as clay. You may take supplements and medications 30 minutes before using clay or two hours after.

When using clay medicinally, keep yourself well hydrated. Inside the intestine, clay has a gentle cleansing and stimulating effect like dietary fiber.

**Usual dosage:** For intense detoxification and active treatment, use two to four tablespoons two to three times daily. At least one dose should be at bedtime on an empty stomach with a glass of water. When you are feeling and looking better, use one to two tablespoons twice daily for maintenance.