

INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
EASTERN TRADITIONS

THE CENTER FOR
**INTEGRATIVE
MEDICINE**

5620 WILBUR AVE., SUITE 220
TARZANA, CALIFORNIA 91356
PHONE: 818.345.2828
FAX: 818.345.2848

MICHAEL HIRT, M.D., A.P.C.
DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE
DIPLOMATE AMERICAN BOARD OF NUTRITION

DANCING BEAR *Very Hip*

- Targets patients currently taking NSAIDs, ibuprofen, naprosyn, meloxicam , Celebrex
- Important for patients looking to avoid the side-effects of OTC and prescription pain killers
- Supports patients wanting to substantially reduce arthritis pain

Given all of the side effects and bad press surrounding OTC and prescription anti-inflammatories and pain killers, many patients have expressed concerns about using arthritis medications, and with good reason.

Dancing Bear is a specially formulated extract of rosemary whose ingredients have been clinically studied in patients with arthritis pain.

Dancing Bear offers patients an effective choice between the dangers of arthritis drugs and chronic pain.

Usual dosage: Take two to three capsules of Dancing Bear, 2 to 3 times daily, before meals, preferably on an empty stomach.