
MICHAEL HIRT, M.D., A.P.C.
DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE
DIPLOMATE AMERICAN BOARD OF NUTRITION

CurcuMax 2.0

New and Improved

WHAT IT IS:

- Potent, highly absorbable turmeric extract

WHY YOU NEED IT:

- Great for patients looking for powerful anti-inflammatory and immune-boosting support
- Important for patients with joint pain, muscle aches, injuries
- Good for patients with concerns about Alzheimer's prevention
- Targets patients with GERD, heartburn, and Irritable Bowel Syndrome, Crohn's disease, Ulcerative Colitis symptoms
- Supports patients with cancer diagnoses
- Has natural anti-viral and anti-bacterial properties

HOW IT HELPS:

Curcumin comes from the spice, turmeric, and has long been prized by East Asian countries for its strong medicinal value. Many studies have been conducted with curcumin, and scientists have learned much about how curcumin works to support human health.

One of the primary effects of curcumin is its powerful anti-inflammatory effects, rivaling that of prescription and over-the-counter pain relievers. Curcumin's advantage over these patent medications is that it does all of this without the intestinal, liver, and kidney side effects of its prescription peers. While the patent anti-inflammatory medicines can cause the stomach problems, curcumin can be used to support patients with stomach upset.

In its natural state, curcumin is made of strong, tiny crystals. These crystals cannot be broken down by our normal digestion, and therefore, most curcumin formulations are not well absorbed into the blood stream; so, they are not very effective. CurcuMax uses a patented process to maximize absorption and deliver maximal effectiveness. CurcuMax is a therapy that you can really feel.

Cultural anthropologists know that some of the longest-lived people on the planet have the highest dietary intakes of curcumin. This is why turmeric is still a prized spice today.

Usual dosage: For prevention, take one to two capsules of CurcuMax one to two times daily. For active support, take two to three capsules 2 or 3 times daily or until the symptoms resolve. Patients known to have gallstones should use CurcuMax with caution as it can increase gallbladder contractions. CurcuMax may also reduce platelet function much like aspirin and should be used cautiously in patients on prescription blood thinners.