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DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE
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Cryptolepis

African Traditional Medicine

WHAT IT IS:

- A herbal therapy use for patients concerned with chronic infections, cancer and diabetes

WHY YOU NEED IT:

- Important for patients with chronic infections, including bacterial, Lyme disease, Lyme co-infections, parasites, fungi, and Herxheimer reactions
- Targets patients with cancer
- Sought by patients with chronic fatigue
- Great for patients with diabetes

HOW IT HELPS:

Cryptolepis has long been used by herbalists in support of patients with malaria. Modern practitioners and researchers have found Cryptolepis useful in support of patients with other chronic infections. These infections include those that patients get from insect bites (mosquito, spider, fly, tick) such as Lyme, Lyme co-infections, parasites, and other bacteria.

Other research has studied Cryptolepis for its therapeutic potential in diabetes and cancer. Some patients also report an increase in energy when using Cryptolepis.

Scientists studying Cryptolepis have discovered that its properties include anti-inflammatory, anti-tumor, anti-diabetic, and anti-infective.

Dosage: Start with 5 drops in 4 – 8 oz water two times daily. As tolerated, work the dose up to 1 dropperfull two times daily.