

INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
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THE CENTER FOR
**INTEGRATIVE
MEDICINE**

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Cilantro Extract

WHAT IT IS:

- Organic cilantro tinctured extract to support heavy metal detoxification

WHY YOU NEED IT:

- The only plant-based supplement to support patients needing toxin removal from the brain and nerves
- Important for patients wanting to detox lead, mercury, and aluminum
- Targets patients looking to boost the effectiveness of antibiotics and antiviral therapies
- Good for patients looking to maintain intestinal health free of parasites and Salmonella bacteria

HOW IT HELPS:

Also known as “Chinese parsley,” cilantro has been clinically studied for its toxin binding and removal properties. Unlike other prescription and natural detoxifiers, cilantro can cross the blood-brain barrier and support toxin removal beyond the reach of other substances.

As arguably the most important and complex organ in our bodies, Nature has taken some extreme precautions in protecting the brain from easy access and damage. The brain is housed inside the thick skull bones, floats in water for additional protection, and is then wrapped in a biologically active membrane (a.k.a. the blood-brain barrier) which is heavily policed by molecular gates and guards. If you are a nutrient and are not on the brain’s “guest list,” you can all but forget about getting through the blood-brain barrier.

These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure or prevent any disease.
Always consult your doctor before taking any of these products.

Chances would be better in crashing a White House state dinner. Unfortunately, Mother Nature had not anticipated our collective exposure to the billions of pounds of environmental toxins and heavy metals that we are exposed to annually. Many of these toxins slip right through the guarded gates into the delicate brain tissues.

Cilantro is one of the rare supplements that can work on both sides of the blood-brain barrier. This makes cilantro a crucial component of any detoxification protocol as well as for long term brain health.

My family and I use Organic Cilantro Extract by BioPure, and this product is available in our Natural Pharmacy.

Usual dosage: Take one (1) to three (3) droppers full two to three times daily. If the extract causes stomach irritation, put the dose into hot water, wait four minutes and then drink. May also be taken with Gut Check by MyBestHealth to reduce irritation. For sensitive patients, start with four to five drops, and gradually increase as tolerated.