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Chromium 1000

WHAT IT IS:

- High-potency chromium supplement
- Specially formulated for maximum effectiveness

WHY YOU NEED IT:

- Important for patients needing to reduce insulin, the #1 fat-building hormone
- Great for patients with cravings for carbs and sweets
- Supports patients wanting to maintain healthy blood sugar and lose weight
- Good for patients looking to reduce triglycerides
- Targets patients with PCOS

HOW IT HELPS:

Chromium is an essential mineral that is necessary for the hormone insulin to work properly. Without sufficient chromium, insulin cannot properly control blood sugar. Excess sugar is then deposited into body fat stores, particularly on the belly, chest and upper back.

Elevated blood sugar causes additional problems like diabetes and diabetic related health problems including accelerated heart disease, strokes, nerve damage, weakness, and blindness.

Chromium supplements have also been used to support patients looking to lower cholesterol and reduce triglycerides. Scientists are currently studying high-potency chromium supplements in the treatment of obesity to evaluate its impact on sweet cravings, appetite, and insulin, a fat-building hormone.

In order to be effective, medicinal doses of chromium are necessary. Chromium 1000 is the highest potency chromium supplement on the market today that also provides chromium in its most absorbable form.

Chromium is found naturally in foods such as meats, animal fats, fish, brown sugar, coffee, tea, calf liver, whole wheat bread, and rye bread. However, due to over farming and soil nutrient

depletion, the chromium content of most foods is lower than expected which has led to chromium deficiencies in many patients.

Usual dosage: Take one capsule of Chromium1000 once or twice daily with meals.