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DIPLOMATE AMERICAN BOARD OF INTERNAL MEDICINE
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CHILL PILL

The Antidote for Modern Living

WHAT IT IS:

- A fast-acting, chewable tablet that supports a calm, relaxed state of mind

WHY YOU NEED IT:

- Important for patients experiencing stress, anxiety and depression
- Perfect for patients with addictions and cravings, like sugar and cigarettes
- Targets patients with insomnia and poor sleep habits
- Great for patients needing more focus, mental clarity and concentration
- Good for athletes needing a competitive edge in stressful competition
- Supports patients with High Blood Pressure

HOW IT HELPS:

The Chill Pill contains a naturally occurring amino acid in the brain called GABA. As a key neurotransmitter, GABA works as an important counter balance against stress hormones that are released in the brain when we are over stimulated. When the brain is in stress and panic mode, humans experience a markedly diminished capacity to think clearly, focus accurately, and respond appropriately.

Good decisions are rarely made when people are in the 'Red Zone'.

The Chill Pill provides quick support for a balanced ratio of calming and activating brain neurotransmitters. Additionally, the Chill Pill supports the brain's alpha waves, which are produced during meditation and any other time the brain is relaxed but alert. When your brain is alert but not frenzied, you can better respond to any stressful situation.

The key ingredient in the Chill Pill, GABA, has been clinically studied in many research trials and has been shown to be safe. Unlike prescription drugs (like Ativan, Xanax, Klonopin, and Valium), the Chill Pill is not addictive nor habit forming.

There are many studies showing that proper GABA supplementation can provide meaningful support to patients with anxiety, depression, stress, cravings, addictions, insomnia and High Blood Pressure. According to clinical trials, GABA targets patients looking for better focus, mental clarity, concentration, test taking performance, and athletic performance.

When life is pushing your buttons, take a Chill Pill and then make your next move.

Usual Dosage: Let dissolve slowly in the mouth (or chew for faster action) one (1) to three (3) tablets every three (3) to four (4) hours, as needed to improve mental clarity, stress, sleep, and blood pressure. Best taken on an empty stomach. Typically starts working in 10 – 20 minutes. May cause drowsiness when taken at night or when physically/emotionally exhausted.