

INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
EASTERN TRADITIONS

THE CENTER FOR
**INTEGRATIVE
MEDICINE**

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BalanceD

WHAT IT IS:

- Standardized extract of *Vicia faba*, a precursor for the brain transmitter, dopamine

WHY YOU NEED IT:

- Important for patients with low dopamine levels, depression
- High potency *Vicia faba* extract
- Good for those needing stimulating brain and memory support
- Targets “fight-flight” hormone support for patients under stress

HOW IT HELPS:

Vicia faba is a nutrient dense bean rich in L-DOPA than the body can convert into dopamine, a critical brain transmitter, the discovery of which was awarded the Nobel Prize in 2000.

Proper brain dopamine levels are important for normal behavior, mood, memory, sleep, attention and learning.

BalanceD contains a high-potency, standardized extract with cofactors to promote healthy levels of brain dopamine in patients.

Usual Dosage: Take two capsules twice daily. This supplement is best taken on an empty stomach thirty minutes before meals or two hours after meals to ensure maximal effectiveness.