

INTEGRATING
WESTERN MEDICINE,
NUTRITION AND
EASTERN TRADITIONS

THE CENTER FOR
**INTEGRATIVE
MEDICINE**

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ARTERIA 2.0

WHAT IT IS:

- An all-natural Italian bergamot citrus extract that supports healthy cholesterol and blood sugar

WHY YOU NEED IT:

- Great for patients needing support for healthy cholesterol and blood sugar
- Targets patients who want healthy cholesterol and sugar levels without drugs
- Important for patients with high risk 'small' cholesterol particles
- Supports patients with high blood sugar, Insulin Resistance and Diabetes
- Good for patients with fatty liver conditions and abnormal liver function testing

HOW IT HELPS:

The citrus fruit, bergamot, is native to southern Italy which accounts for 80% of the world's production of this important medicinal fruit extract. If you have ever enjoyed a cup of Earl Grey tea, you have tasted bergamot extract which gives this tea its unique flavor.

While sipping a cuppa Early Grey, you may not have realized the incredible potency of bergamot extract for the support of healthy cholesterol and blood sugar levels.

More than other better known citrus fruits like oranges, lemons, and grapefruit, the bergamot contains particularly high levels of health promoting molecules, called flavonoids. These flavonoids are extracted and then concentrated in Arteria to produce a phenomenally successful natural supplement.

Bergamot flavonoids have been through rigorous clinical trials, including one conducted at the Department of Cardiology at the prestigious University of Rome. After just one month of bergamot supplementation, patients recorded 38.6% reductions of LDL (the 'lousy' cholesterol), increases of 39% for HDL (the 'healthy' cholesterol), a drop of 41% for triglycerides, and a reduction of 22.4% for blood sugar.

Not bad for a fruit!

Most prescription drug companies would love to be able to report results this amazing. Of course, bergamot delivers all of this power without any of the nasty side effects of prescription medications. Early evidence also suggests that bergamot extracts also cause fat cells to shrink. Bonus!

Scientists believe bergamot extracts work in the liver, in the intestines and at the cellular level to help patients maintain healthy cholesterol and blood sugar levels.

You won't believe how well bergamot can support for your good health.

Usual Dosage: two capsules twice daily day, preferable taken on an empty stomach.