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Altheas

Bottoms Up!

WHAT IT IS:

- A powerful detox, coffee suppository

WHY YOU NEED IT:

- Powerful liver detox agent
- Easier, faster, cleaner than a coffee enema
- All natural, organic, and without side effects
- Important for patients needing comprehensive detox
- Targets patients with treatment and chemical sensitivities
- Supports patients with poor GI tolerance for oral therapies
- Good for patients with chronic pain, brain fog, fatigue, Candida, parasites, and skin disease

HOW IT HELPS:

A coffee supposi—what?

Yes. A coffee suppository. While not used in Western Medicine today, the popular use of coffee enemas dates back more than 150 years. As an important medical therapy, coffee enemas were listed in the prestigious Merck Medical Manual through the 1980s and appeared in all major nursing textbooks through the 1950s. As the lead founder of the still famous Mayo Clinic, Dr. W.J. Mayo used coffee enemas routinely in his post-operative patients.

Why?

Because we live in a toxic world. Never before in the history of this planet has the reach and extent of toxic chemicals so polluted the air, food and water supplies. Our daily, nearly constant exposure to these pollutants is as dangerous as it is mind-boggling.

Your colon is like a trash bin for toxins that need to exit your body. If you didn't have plastic trashcan liners, imagine the awful, stinky residue that would stick to the sides of the can even if you took the trash out every day. Even though your colon empties regularly, it is never complete. The toxic residue that remains is a burden on your body's detox systems, particularly your liver.

When your body is fighting disease and infections, the added toxic burden of your colon limits your self-healing power. Enemas help to cleanse the lower portion of the colon, freeing up the strength needed to fix what's wrong with you.

The use of enemas as a medical tool dates back thousands of years. Recently, a 'How to' description of an enema was translated from the Dead Sea Scrolls which were written at the time of Jesus, 2,000 years ago. Enemas are a serious health tool, not just some 'hippie' fad.

Using coffee to wash out your colon provides the added benefit of coffee's medicinal effects. The coffee in the enema gets absorbed directly from the rectum and goes straight to the liver. As the coffee percolates through the liver, bile ducts and gallbladder, it powerfully and completely detoxifies both your body and liver. This doesn't happen when you drink coffee because of the digestive effects of stomach acid and intestinal enzymes on the beneficial chemicals in the coffee.

Coffee enemas have also been shown to provide strong anti-oxidant protection, increase body alkalinity, boost glutathione (a critical total body detox molecule), provide the nutrients selenium, zinc and potassium, reduce any kind of body pain, support the energetic hormone systems, fight Candida, support lymph drainage, support healthy skin, promote mental clarity and a healthy mood, heal and prevent chronic disease.

I have done hundreds of coffee enemas myself as part of my personal comprehensive detox and anti-aging program. While coffee enemas can be an important part of your return-to-health protocol, they are time consuming and a fair amount of work.

Altheas is an organic coffee suppository that provides all of the benefits of a coffee enema with none of the hassle. Preferably after your morning bowel movement, insert one or two Altheas suppositories into your anus. That's it. The coffee will start to be absorbed and work its magic just like a coffee enema.

You can use Altheas throughout the day for support any time you feel tired, toxic, brain fog, 'herxing,' or need pain relief from arthritis or body aches. Altheas is also great for travel or when you are away from your home enema supplies and setup.

Altheas isn't a waste of a cup of coffee, but the start to a healthier, cleaner you.